



## Edible Edinburgh: Our food. Our city.

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June 2019



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# Edinburgh's People & Economy

# Edible Edinburgh Partnership

‘Edinburgh is a city where good food is available and accessible for all, making for healthy people, thriving communities and a sustainable environment.’

# Edible Edinburgh: A Sustainable Food City Plan



# Who is involved?

- Chaired by Councillor George Gordon – City of Edinburgh Council
- Local Authority key partner – offers strategic support
- Community organisations
- NGOs
- Public Sector (health & education)
- Local businesses

# What is EE up to?

- 5 sub groups; healthy & wellbeing, land use, food economy, food waste, cultural change
- Broughton High School food project
- SFC-supported Food Summit – April 2019
- Food Power - to support our work on food poverty
- Veg Cities - as part of our health and wellbeing work stream
- SFC Scotland Conference in Aberdeen to link up with other sustainable food cities in Scotland
- Edinburgh Food Growing Strategy



## Food Growing Strategy

- **Edinburgh Food Growing Strategy – Community Empowerment (Scotland) Act 2015**
- **Regional Food Growing Strategy – Edinburgh & South East Scotland City Region Deal**

## ECF(I) established in 1996:

- Developmental approach to tackling community food issues across the city
- Collective voice to influence policy locally and nationally
- Undertake shared health promotion and education work
- Achieve economies of scale in the core work of providing food





“To get people into healthy food  
and healthy food into people.”

Healthy Food – Healthy Lives –  
Healthy Futures



## Vision:

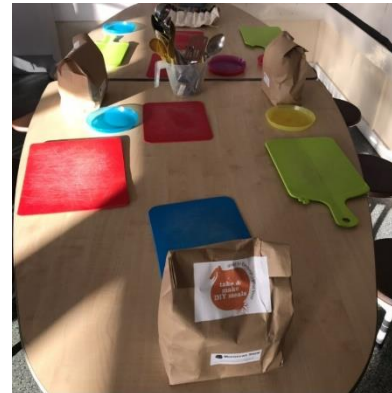
- Be a leader in community food and health
- Promote equal health for all
- Teach people about healthy food
- Help strengthen local communities
- Work to ensure that everyone who needs affordable, healthy food can get it



## Strategic Aim 1: Support more people in low income communities to eat more healthily

- Increase availability of, and access to, affordable, healthy food
- Develop “food and mood” / links with mental health
- Develop people’s skills and confidence
- Increase people’s understanding
- Change attitudes and behaviour
- Support communities
- Develop and provide resources
- Minimise food waste
- Eating well for older people
- Linking food, healthy eating, physical activity









## Strategic Aim 2: Improve our sustainability and impact

- Develop training facilities
- Further develop role as a leader
- Increase income through social enterprise
- Develop and sustain partnerships
- Engage with strategic groups in order to influence
- Effectively record and report on impact



## Take & Make DIY Meal Kits

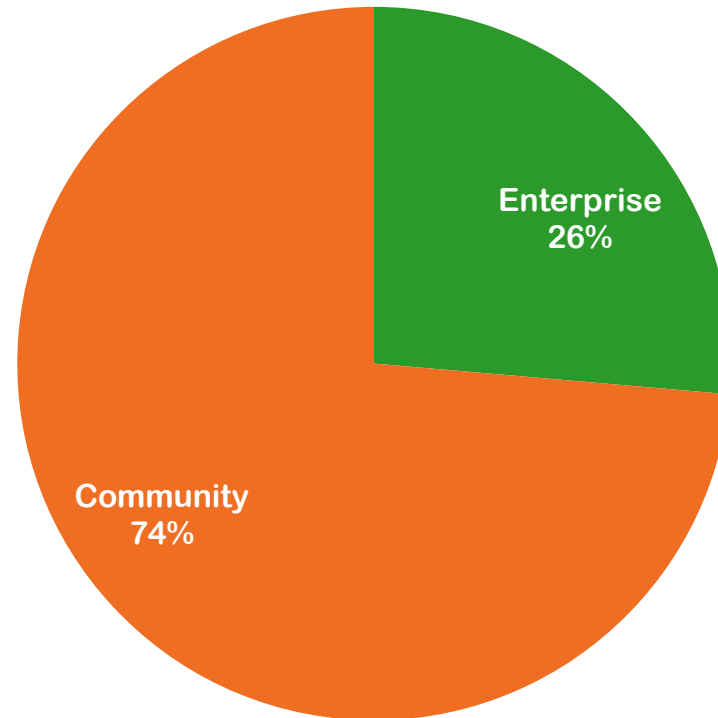








# Take & Make Enterprise/Community Split



■ Enterprise ■ Community





## ECF REHIS Training April – December 2019



Course	Date	Time	Venue	Cost
REHIS Elementary Food Hygiene	Mon 13 <sup>th</sup> May	10-5PM	Hibernian Football Stadium*	£55
REHIS Elementary Food Hygiene	Mon 10 <sup>th</sup> June	10-5PM		£55
REHIS Elementary Food Hygiene	Mon 9 <sup>th</sup> Sept	10-5PM		£55
REHIS Elementary Food Hygiene	Mon 4 <sup>th</sup> Nov	10-5PM		£55
REHIS Elementary Food Hygiene	Mon 16 <sup>th</sup> Dec	10-5PM		£55
REHIS Elementary Food & Health	Mon 20 <sup>th</sup> May	10-5PM		£0
REHIS Elementary Food & Health	Mon 24 <sup>th</sup> June	10-5PM		£0
REHIS Elementary Food & Health	Mon 2 <sup>nd</sup> Sept	10-5PM		£0
REHIS Elementary Food & Health	Mon 28 <sup>th</sup> Oct	10-5PM		£0
REHIS Elementary Food & Health	Mon 9 <sup>th</sup> Dec	10-5PM		£0
REHIS Eating Well for Older People	Mon 3 <sup>rd</sup> June	10-1.30PM		£0
REHIS Eating Well for Older People	Mon 25 <sup>th</sup> Nov	10-1.30PM		£0
REHIS ALLERGY AWARENESS	Mon 8 <sup>th</sup> April	10-1.30PM		£37.50
REHIS ALLERGY AWARENESS	Mon 27 <sup>th</sup> May	10-1.30PM		£37.50

## Links to Sustainable Food Cities

- Chair of Health & Wellbeing Sub Group
- Lead on the Veg Power Campaign
- City of Edinburgh Council Holiday Provision Programme – *Discover!*
- Host to Sustainable Food Cities Coordinator
- Collective voice to influence policy locally and nationally





**Any Questions?**



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# Thank You

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